**Course Syllabus 2015-2016**

**Lake Career & Technical Center**

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***Developing Skills for a Lifetime***

**Exploring Culinary Careers**

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**Prerequisites**

There are no prerequisites required for Exploring Culinary Careers.

**High School Credits Grade Levels**

.5 credit for the course Grades 9 & 10

**Integrated Academic Credit Available**

One unit of elective English credit will be awarded to students completing at least four credits in a career and technical education program and upon successful completion of the English criteria established.  A value of .5 credit may be awarded at the end of each year.

**College Credit**

Dual Credit and/or Articulated Agreements have been established with the following institutions:

* Ozarks Technical Community College
* State Fair Community College
* The Art Institutes

**Work-based Learning Opportunities**

* School District Events
* Community Events
* Charitable Events

**Industry Recognized Credential**

* None available at this time.

**Program Accreditation**

This program is certified by the American Culinary Federation (ACF) which assures that the program meets established standards, teaches up-to-date and current practices, and exhibits a high level of professionalism.

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**Course Rationale**

The restaurant and foodservice industry is one of the largest, fastest-growing industries in the nation, accounting for more than $400 billion in sales last year and employing more people than any other private-sector industry in the United States. The Bureau of Labor Statistics projects that the number of hospitality jobs will increase by nearly two million in the next ten years, and 125,000 of these will be management positions. More than one million restaurants are in need of skilled employees, and young people are largely unaware of potential careers in this field.

The Culinary Arts Program at LCTC provides students with the background knowledge, technical skills, practical experience, and awareness of career opportunities required to meet these demands.

**Course Description**

**Exploring Culinary Careers** is an introduction to the culinary industry where students will have an opportunity to gain first-hand experience with restaurant operations. Students will become involved in food production as they practice what they have learned about safety and sanitation, measuring skills, reading recipes, basic cooking techniques, and operation of commercial equipment. Students will also participate in one live event during the semester. In addition, students will explore many career options in the foodservice and hospitality industry. Classroom activities will be enhanced with hands-on projects, in-class cooking competitions, and interactive projects with others outside of class.

**Power Standards/Course Objectives**

**ECC1: knowledge area: sanitation and safety**

Demonstrate good personal hygiene and food handling practices.

**ECC2: knowledge area: food preparation**

Utilize standard weights and measures to demonstrate proper measurement techniques.

**ECC3: knowledge area: human relations skills**

Work successfully as a member of a diverse team.

[](http://www.google.com/imgres?imgurl=http://images.clipartof.com/small/18762-Clipart-Illustration-Of-A-Mexican-Male-Chef-Crying-While-Slicing-Purple-Onions.jpg&imgrefurl=http://www.clipartof.com/details/clipart/18762.html&usg=__v4sgdXWaVAwBTBQRMB8lmXkavog=&h=450&w=387&sz=46&hl=en&start=94&zoom=1&tbnid=WVsEC9RRelDyUM:&tbnh=127&tbnw=109&prev=/images?q=chef++clip+art&start=80&hl=en&sa=N&gbv=2&tbs=isch:1&itbs=1) [](http://www.google.com/imgres?imgurl=http://www.clipartpal.com/_thumbs/chef_20_tnb.png&imgrefurl=http://www.clipartpal.com/clipart/food/cook_180041.html&usg=__bLAv6S-cgdx22ZHT1Sn96ALN6eA=&h=350&w=320&sz=58&hl=en&start=26&zoom=1&tbnid=nE_LAs9Pa97y3M:&tbnh=120&tbnw=110&prev=/images?q=cook+clip+art&start=20&hl=en&sa=N&gbv=2&tbs=isch:1&itbs=1)[](http://www.google.com/imgres?imgurl=http://www.imageenvision.com/150/17826-waiter-man-calling-to-customers-and-pointing-them-to-their-table-in-a-restaurant-clipart-by-djart.jpg&imgrefurl=http://www.imageenvision.com/cliparts/working-pg4&usg=__afShHw0rdjxnO8CtzfL9wG_vlsw=&h=150&w=109&sz=18&hl=en&start=2&zoom=1&tbnid=4BMkAzvGv6JBdM:&tbnh=96&tbnw=70&prev=/images?q=restaurant+manager+clip+art&hl=en&gbv=2&tbs=isch:1&itbs=1) [](http://www.google.com/imgres?imgurl=http://school.discovery.com/clipart/images/waiter.gif&imgrefurl=http://ckramer316.blogspot.com/2006_09_01_archive.html&usg=__ADxnNY7pQ3HQHdGz-zzxOOHSrMA=&h=814&w=500&sz=11&hl=en&start=139&zoom=1&tbnid=h1EtbZ3ahYyzaM:&tbnh=144&tbnw=88&prev=/images?q=waiter+with+menu+clip+art&start=120&hl=en&sa=N&gbv=2&tbs=isch:1&itbs=1) [](http://www.google.com/imgres?imgurl=http://clipart.coolclips.com/100/wjm/tf05022/CoolClips_cart0081.jpg&imgrefurl=http://dir.coolclips.com/Industry/Trades/Hospitality_Trades/Food_Distribution_and_Preparation/Restaurant_Settings/Waiters_and_Waitresses/Vector/&usg=__895bnHwo1_yZkwJOfzFHlVKJPLc=&h=100&w=101&sz=7&hl=en&start=347&zoom=1&tbnid=pgeOMvxB-ogv_M:&tbnh=82&tbnw=83&prev=/images?q=waitress+clip+art&start=340&hl=en&sa=N&gbv=2&tbs=isch:1&itbs=1)

**Outcomes/Goals of Course**

* To increase knowledge and improve skills of students by integrating academic and occupational learning, and by building links between school, home, and work.
* To provide students with the technical information, practical skills, and real-world experiences to enhance the quality of their lives, both personally and professionally.
* To motivate all students to remain in a classroom setting and to strive to continue their educations in post-secondary settings appropriate for their interests and abilities.
* To facilitate the creation of a universal, high-quality school-to-work transition system that enables youths to identify and pursue career paths to progressively more rewarding roles in the workplace.
* To promote the formation of partnerships dedicated to aligning the worlds of school and work among local education agencies, private and public employers, and community organizations.

**Careers & Earnings**



* Executive Chef $50,000 - $85,000+
* Personal Chef $35,000 - $85,000+
* Research Chef $42,000 - $90,000+
* Restaurant Manager $32,000 - $70,000+
* Caterer $32,000 - $75,000+
* Food Stylist $32,000 - $60,000+
* Food Critic/Writer $42,000 - $98,000+
* Registered Dietitian $46,000 - $68,000+
* Host/Hostess/Server $20,000 - $32,000+
* Restaurant Consultant $45,000 - $120,000+

**Resources**

* Culinary Essentials: Johnson and Wales University, 2002
* So You Want to be a Chef? Brefere, Lisa, 2006
* A variety of supplemental books and textbooks
* A variety of professional periodicals



**Materials & Supplies Needed**

A wide variety of classroom and lab activities are included in the Culinary Arts class, which requires some special supplies. In order for students to participate and receive maximum benefit from the class, students are expected to have **all** of the following materials in class **every day**:

**School Supplies and Uniforms**

2 pencils

2 pens (black or blue)

Notebook paper

(1” wide) 3-ring binder

Jump drive (may be the same one as used for other classes)

✔ LCTC Student Handbook

✔ Textbooks

Official Uniform (see **Official Uniform** description**)**, including:

Full-length black pants (for those who wish to help with events - optional)

Closed-toe shoes, with slip-resistant soles

Ponytail holders, clips, and/or hairpins for those with long hair

✔ ***The checkmark indicates that the item is provided for student at school.***

*(Additional materials may be required for various projects throughout the semester.)*

**Class Fee**

There is a class fee of $10.00 which helps pay for kitchen attire and nametags.

$10 class fee due by Thursday, September 3, 2015



**Class materials and fees are due NO LATER THAN Thursday, September 3, 2015.**

If there is any reason that a student cannot have the class materials and fees by this date, please speak to Chef Wilson or Mrs. Pogue privately as soon as possible, and **before the due date.** We want every student to be prepared and ready to participate!

**Evaluation**

Class Projects

Students will work individually and in groups on a variety of class projects to learn about various jobs in the foodservice industry. Some of these projects may include designing a restaurant, helping to plan a special event, preparing a buffet, participating in a cooking competition, or doing a food show demonstration. Students may also present a Career Fair as a final project.

Lab Work

Students must be in the dressed appropriately to participate in the labs. Appropriate lab clothing consists of the following:

* Clean shirt with short sleeves or sleeves pushed up (not sleeveless)
* Full-length pants
* Clean white apron\*
* Closed-toe shoes (with slip-resistant soles)
* Hair restraints, including pony tail holders and/or hair pins for those with long hair
* Facial hair must be completely removed or protected with a beard net\*
* Minimal jewelry as defined by the National Food Code (bracelets are not allowed)
* Clean hands with short fingernails that are free of nail polish

***\*Provided for student***

Events

*The Culinary Arts program is involved in preparing and serving several events throughout the year. Culinary Careers students may wish to volunteer to help with these events to gain additional experience, recognition, and bonus points. In addition, all students will be required to work the* ***CTSO Fundraiser on Saturday September 19, 2015****). Students who would like to serve additional events must wear appropriate uniforms for servers which consists of:*

* *White shirt\**
* *Black slacks*

[](http://www.google.com/imgres?imgurl=http://www.fotosearch.com/bthumb/UNC/UNC162/u25762420.jpg&imgrefurl=http://www.fotosearch.com/clip-art/waiter.html&usg=__yI9117WiiO6DYiSCXQ5TYRKYBbo=&h=170&w=168&sz=5&hl=en&start=4&zoom=1&tbnid=YLY3OlUgYPBjXM:&tbnh=99&tbnw=98&prev=/images?q%3Dwaiter%2Bclip%2Bart%26hl%3Den%26sa%3DN%26gbv%3D2%26tbs%3Disch:1&itbs=1)

* *Black tuxedo apron\**
* *Bow tie\**
* *Closed-toe shoes (with slip-resistant soles)*
* *Nametag\* (yours to keep)*
* *Pony tail holders, clips, and/or hair pins for those with long hair*

***\*Provided for student***

Grading Scale

Total points accumulated from all assignments will be used to establish the semester grade.

Grades are based on the following scale as established by LCTC:



A 95% -100% C 73% - 76%

A- 90% - 94% C- 72% - 70%

B+ 87% - 89% D+ 67% - 69%

B 83% - 86% D 63% - 66%

B- 80% - 82% D- 60% - 62%

C+ 77% - 79% F 0 - 59%

Grade Categories

To allow all students the opportunity to excel, a wide variety of classroom activities will be included. Grades will be recorded in the following five categories:

|  |  |
| --- | --- |
| ***ACADEMIC*** | ***TECHNICAL SKILLS*** |
| ***Daily Class Work and Homework: 25%***  *This includes participation and performance in class activities such as note-taking, in-class written assignments, group activities, and homework. Assignments are worth varying numbers of points, and some assignments will be graded for content while others will be graded for participation.* | ***Kitchen (Lab) Work: 25%***  *This includes overall performance in all kitchen experiences as specified on the* ***Kitchen Performance Evaluation*** *rubric, which is consistent with national standards in the industry. A missed lab may be made up by working an extra event or by writing a paper on a related subject according to guidelines provided by the instructor.* |
| ***Projects and Exams: 25%***  *This includes all written quizzes and exams such as unit exams, quarter exams, final exams, and national exams; practical exams; and one major project for the semester.* | ***Events: 25%***  *This includes showing courtesy and respect for guest speakers, and participating in demonstrations and follow-up activities; as well as participation in the required special event for each semester.* |

Grade Reports

Feedback on assignments and overall grades will be made regularly. Students may request a grade conference at any time. Students who are having difficulty are encouraged to contact the instructor for assistance as soon as possible.

Students are able to view their grades and attendance via the Student Portal. A link has been provided on the LCTC webpage -- <http://camdentonschools.schoolwires.net/lctc>

Extra Credit

Extra credit projects are available to all students **who have completed the required work for the class**. Extra credit points may be earned by cooking at home, helping with more than the required number of events, and other independent projects. Although extra credit points may be added in throughout the grading period, all extra credit points will be deleted at the end of the grading period if any required assignments are missing.

**Career & Technical Student Organization (CTSO)**

Students are strongly encouraged to be members of **SkillsUSA** where students will develop leadership skills and be able to compete within their program area of study. Competitions can occur at the district, state, and national levels. Student dues are $15 and can be paid to the instructor. All “finalized” CTSO membership is due before February 15.

**Student Expectations**

Show Respect for Yourself

* Conduct yourself in such a way that you command the respect of others. Your behavior tells others how you expect to be treated.
* Take responsibility for your own learning. Have all necessary learning materials with you, including pen, pencil, paper, textbooks, completed assignments, proper clothing, and whatever else may be required for participation.
* Dress appropriately for the learning environment, labs, and events. Students must have appropriate required clothing to participate in labs.
* Exhibit a positive attitude and participate willingly in all classroom activities.
* Use class time wisely by remaining engaged in appropriate learning activities.

Show Respect for Others

* Listen quietly during announcements and instructions to avoid wasted time and to allow those who wish to hear them to do so.
* If it’s important enough to say, wait to be recognized and say it to everyone.
* Always be honest, kind, and fair in your interactions with others.
* Be tolerant of your classmates, even when their opinions, attitudes, or appearance are different from your own. Honor each other’s ideas. Agree to disagree agreeably.
* Be a positive team member. Avoid saying negative things about others, either publicly or privately. Learn to resolve conflict in a mature and productive manner.

Show Respect for Property

* Use classroom and lab equipment only when directed to do so, in the proper manner, and always for its intended purpose. Lab equipment may be used only after completing safety instruction, and passing written and practical exams.
* All furniture and equipment are to remain in their proper locations and should not be moved without permission from the instructor.
* Avoid interfering with the possessions of others, the same as you wish for others to avoid interfering with yours. All food products in the classroom are for class use and may be used only as directed by the instructor. Students will be billed for items taken without permission.
* Food and beverages are allowed in the classroom, but not in the lab, as long as it does not become a problem. Tasting in the lab must be done in the proper manner.
* Maintain a clean and orderly classroom by returning all materials to their proper places, throwing away trash, and cleaning as necessary at the end of class.

***\*Following these Guidelines is counted as part of your Work Ethics grade.***

**Classroom Procedures**

* Entry/Warm Up

*Students should take their assigned seats, check the board for Daily Objectives, and begin working as soon as they arrive to class each day.*

* Absence

*It is the student’s responsibility to ask about assignments following an absence. The best time to do this is during breaks or after class, not during class time. Remember, only one week is allowed to make up missed work.*

* Seating and Groups

*All classroom seats and groups and will be assigned, and will change periodically. Though students may not choose their own seats and groups, they may be allowed to have some input. Students are expected to work with all class members politely and cooperatively.*

* Class! Class!

*The instructor will use a quiet signal when everyone needs to pay attention! When the quiet signal is given, everyone should respond and then stop working immediately and listen quietly.*

* Breaks

*At least one break may be given for classes that are longer than one hour. Breaks will be given only as they fit in with our schedule each day. Times must be respected for breaks to continue.*

* Personal Needs

*Please try to take care of personal needs during breaks or after class. When necessary, students may excuse themselves from class by signing out and taking the appropriate “pass” with them, so long as this privilege is not abused. Students should never leave class when instruction or a class activity is in progress.*

* Assignments

*Assignments and due dates will be clearly announced and posted. Students are encouraged to write all assignments and due dates in their class calendars or personal assignment notebooks.*

* Turning in Assignments

*Assignments are to be turned in to the designated tray, unless otherwise requested. Late assignments are to be turned in along with a Late Work card which has been completed and stapled to the assignment, and will count for only 50% of the original grade.*

* Cool Down/Exit

*Students will be expected to stand quietly behind their chairs for the last minute of class so that final announcements for the day can be made. An Exit Statement may be done at this time. Students should never line up at the door before the end of class, and should never walk out while the instructor is talking!*

***\*Following these Procedures is counted as part of your Work Ethics grade.***